

St Alban's Parish Church



Sunday 5th March Second Sunday in Lent

We come together to worship a God who does not leave us in our weakness to struggle on alone, expecting us to change through our own efforts. Rather, God comes alongside us and helps us to change, transforming us by the Holy Spirit.

9.00 am Mass Fr Graham

10.00 am Parish Mass

President Fr Graham **Preacher** Mtr Linda

Readings Elizabeth Franklin

Intercessions Jim Weller

6.00pm Evening Prayer Mr Jim Weller

Today at the Parish Mass:

Hymns: NEH 148, 378, 63

During the Week

Tues 7th 19.00 *Ss Perpetua, Felicity & Companions*

Said Mass Fr Graham

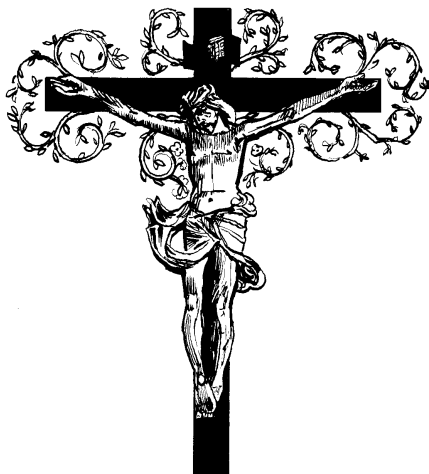
Thurs 9th 10.00

Said Mass Mtr Linda

Fri 3rd 19.00

Stations of the Cross

WELCOME We are really pleased to see you. If you have any queries or are unsure about anything please ask.



Next Sunday 12th March Third Sunday in Lent

Our theme takes the real human experience of thirst and reveals that, in Jesus, God gives us opportunity for spiritual refreshment. Christ is eternal life, the source of life with power to transform us.

Readings

First Reading **Exodus 17:1-7**

God satisfies the physical needs of the people of Israel, wandering in the desert, by the miracle at the rock, and is revealed as the source of life – the one in whom thirst is quenched.

Second Reading **Romans 5:1-11**

Paul contrasts human weakness and ungodliness with the grace and love of God shown in the reconciling death of Christ.

Gospel **John 4:5-42**

Jesus' encounter with a woman at a well leads to his revelation of himself as the Messiah and as "living water".

Services

9.00 am Mass Fr Graham

10.00 am Parish Mass

President and Preacher Fr Graham

Readings Andrew Mould

Intercessions John Appleby

6.00pm Evening Prayer Fr Graham

Notices

Lent Course this **Wed** and **Thurs** If you are unable to join us use this link to access talk: <https://vimeo.com/showcase/10157121/video/798404169>

APM & APCM Sunday 23rd April after Mass **Food** placed in the box at the back of church will be shared between our **Pantry** and the **Hull Foodbank**. They need tins, jars, packets (including cereals), tea, coffee, biscuits, sugar.

Serving the parish with you:

Vicar: Fr Graham Thornalley

Telephone: 01482 443566

Email: gthornalley@me.com

Associate Priest: Mtr Linda Gillard

Website: www.stalbanthemartyrhull.com
Also on Facebook and ACNY

*Information and Notices for Pew Sheet
to Elizabeth Franklin elmfranklin@gmail.com*

First reading **Genesis 12:1-4**

Now the LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

Responsorial Psalm 121

R.



I lift up my eyes to the hills; ♦
from where is my help to come?
My help comes from the Lord, ♦
the maker of heaven and earth. **R.**

He will not suffer your foot to stumble; ♦
he who watches over you will not sleep.
Behold, he who keeps watch over Israel ♦
shall neither slumber nor sleep. **R.**

The Lord himself watches over you; ♦
the Lord is your shade at your right hand,
So that the sun shall not strike you by day, ♦
neither the moon by night. **R.**

The Lord shall keep you from all evil; ♦
it is he who shall keep your soul.
The Lord shall keep watch over your going out
and your coming in, ♦
from this time forth for evermore. **R.**

Second reading **Romans 4:1-5, 13-17**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Gospel Acclamation

Praise to you, O Christ, king of eternal glory!
God loved the world so much that he gave his only Son;
everyone who believes in him has eternal life
Praise to you, O Christ, king of eternal glory!

Gospel **John 3:1-17**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.
'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

Intercessions

We pray that the whole Church may be led by the Holy Spirit, so it can truly be changed and demonstrate God's power to others.

We pray that those who believe they are beyond help will understand that God has not left them, and even the most desperate life can be rewritten.

We pray that our nation may come to see Christianity as a force for good and recognise and welcome its power to transform both individuals and society.

We pray for those who are sick in body, mind or spirit; that they may know God's grace and Jesus' healing touch.

We pray for those who have recently died, together with all whose years mind occurs this week; Mary Martin, Joan Sims, Cath Clarke, John Suddaby, Ernest Gresham, Hans von Prondzynski.