

**To avoid contamination
take this sheet home
and use it in your prayers.**



**Sunday 24th January
Third Sunday of Epiphany**

Like Jonah, Christ was sent to preach repentance. He calls us to change our ways. We are not to become engrossed in the world, but to believe the good news and live for the kingdom of God.

10.00 Parish Mass
President – Fr Graham, **Preacher** – Mtr Linda
Readings & Psalm John Appleby
Intercessions E. Franklin

During the Week

Wed 27th 7.00 pm Mass Fr Graham

WELCOME We are really pleased to see you. If you have any queries or are unsure about anything please ask.

Please wash your hands and/or use the hand sanitiser on entry and follow the one way system. Face coverings should be worn.

We are sorry that at the moment we are unable to offer refreshments after the service or provide our usual facilities for children.

There is an accessible toilet in the porch.

Offerings may be left in the plates at the back of church as you leave.

Sorry, but only the choir is permitted to sing at present.

Serving the parish with you:

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Third Sunday of Epiphany

First reading **Jonah 3:1-5, 10**

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour, and God relented: he did not inflict on them the disaster which he had threatened.

Responsorial Psalm **25:4-6, 7b-9**

R. Lord, make me know your ways.

Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. **R.**

Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me,
because of your goodness, O Lord. **R.**

The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor. **R.**

Second reading **1 Corinthians 7:29-31**

Brothers: our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

Gospel Acclamation

Alleluia, alleluia!
The kingdom of God is close at hand:
repent, and believe the Good News.
Alleluia!

Gospel

Mark 1:14-20

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.

Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

Intercessions

We pray for the Church, Christ's body in the world that it might grow in unity, strength, vision and loving-kindness.

We pray for governments to act as true servants, honestly, fairly and in the best interests of all as poverty, war, disease and greed afflict many nations.

We pray that, awakened to the dangers caused by overuse of the world's abundance, we learn to share more equally, more modestly, protecting and nurturing earth's diversity.

We pray that, as trouble, sorrow and sickness bring misery into many lives, Christ's healing touch may bring comfort, drawing all into the joy of his presence.

We pray for the sick, the infirm, and the lonely, especially those known to us.

We pray for those infected by the coronavirus, their carers, health specialists and those working to halt the spread of infection.

We pray for those who are grieving and afraid for the future. May God help us to be a light in their darkness and a comfort in their sorrow.

We pray for all those who have died, all those who have died recently, together with all whose years mind occurs this week; Betty Healand, Robert Chilton, Doreen Cocking, John Hodgetts, David Witty, Dennis Sweeney, Paul Spencer, Jack Eastwood, William Donaldson, Bett Wiles.

Next Sunday 31st January

Presentation of Christ (Candlemass)

We celebrate the close of the Christmas festival of light as candles are blessed and we welcome Christ, the light to enlighten the Gentiles and the glory of his people.

Readings

Malachi 3:1 – 4

Malachi has been reminding Israel of its sin and now declares that God will send a messenger who will refine and purify the Lord's people.

Hebrews 2:14 – 18

The writer of Hebrews stresses that Jesus shared our human nature, suffering as we do, so he could make the perfect sacrifice for our sins.

Luke 2:22 – 40

When Mary and Joseph take the baby Jesus to the Temple in Jerusalem to fulfil requirements of the Old Testament Law, they receive an ecstatic welcome from Simeon and Anna.

Services

10.00 Parish Mass

President – Mtr Linda, **Preacher** – Fr Graham
Readings & Psalm I. Franklin
Intercessions G. Rainey

Notices

Hull Food Bank and Hull Help for Refugees both welcome your contributions. Please put your donations in the boxes at the back.

A Prayer for St Alban's

God of Mission who alone brings growth to your Church,

Send your Holy Spirit to give vision to our planning, Wisdom to our actions, and power to our witness.

Help our church to grow in numbers,

In spiritual commitment to you,

And in service to our local community,

Through Jesus Christ our Lord. Amen.

Information and Notices for Pew Sheet
by email to Elizabeth Franklin
elmfranklin@gmail.com



REPENT